

38

Daily Word

A UNITY Publication

UNITY SCHOOL
Unity V.
Le. Summit, Mo.

1963

JULY 1943

15 CENTS

Class Thoughts

June 20 to July 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

I bask in the light of spiritual understanding and
am at peace.

At high noon each day concentrate your attention
on this thought for prosperity:

All my thoughts and words proclaim prosperity,
and the manifestation is swift and sure.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

I am vitalized with words of strength and health,
and all is well.

In the name of the Lord Jesus Christ we pray for and decree
a speedy victory in this world conflict, to be followed by a
permanent peace, uniting all the nations of the earth in a
league of justice and righteousness, in which the life,
liberty, and love of God shall be paramount.

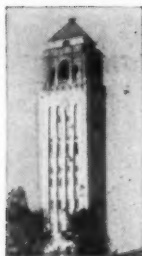
Silent Unity, the healing department of Unity School, is happy to
minister to every person desiring help through prayer. Address Silent
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DAILY WORD

Vol. 39

JULY, 1943

No. 1

EDITED UNDER THE AUSPICES OF SILENT UNITY

Stately and tall, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

GOD BLESS YOU

God bless you at the dawn of day,
God bless you, then, in every way,
God bless you when you pray for light,
God bless you with all power and might.
God bless you, whether rain or shine,
God bless you with all blessings fine,
God bless you and preserve from fall,
God bless you, bent on duty's call.
God bless you with long life and health,
God bless you with success and wealth;
God bless you with His presence rare,
God bless you, for He's everywhere.

—Frank B. Whitney.

This is DAILY WORD's nineteenth birthday. As a special feature we are reprinting several favorites from the writings of Frank B. Whitney. See Silent Unity's birthday message on page 6.

Mightier than Circumstances

THERE IS something within man which seems to say to him: "You are mightier than any situation or experience which can come to you. There is within you that which can master any adverse circumstance which appears in your life." Even though one has not discovered this power and utilized it, yet the thing is possible. At least, there is no one who would not want to find it and make it of service in handling situations.

Even the phrase, "Mightier than circumstances," conveys power. We feel that almost the speaking of such powerful words in time of adversity would scatter all trouble. The words, when we speak them, seem to issue from the voice of God within us. They seem to lift us far above the vexing experiences which one often meets in his daily experiences.

"Mightier than circumstances." Man, knowing the truth of his unity with God, is mightier than any external situation which can arise in his life. He is mightier than the evil doings of any person. He is mightier than anything outside of him.

"Mightier than circumstances." The Truth of God is mightier than all belief in adversity and disease. There is no condition in the physical

body which is mightier than God's healing Truth. The truth about man's supreme perfection is mighty to destroy any pathological condition.

"Mightier than circumstances." Man is mightier than any disorder or injustice which can appear in his affairs or in his environment. Man's consciousness of Christ within him is mighty to dispel any adverse condition which can appear as his own.

If an experience comes to anyone, that person can master it. There is no personal problem which the individual cannot solve. There is no deception which Truth cannot reveal. There is no disease which the truth of God cannot remove or heal.

When man even begins to think of his mightiness he finds that it begins to develop. He finds that the might of God surcharges him with power and with courage to defeat anything in his sphere of action. He discovers that even his words about mightiness seem to summon the aid of God to his side. He finds that the words seem to raise his mind and his body to a higher degree of resistance.

He who gives much thought to this mightiness over experiences and situations can never again let himself believe that he is a victim of circumstances or the pawn of fate. He cannot think of himself as weak or as subordinated to

any external will or power. He knows full mastery.

"Mightier than circumstances." In this realization we rest, in the assurance that God is with us at each and every moment of the day, lifting us higher and still higher to a consciousness of our invincible sonship. "Mightier than circumstances." Yes, mightier than any adverse condition, because God within us is all power and all might.—*Frank B. Whitney.*

To Insure Happiness

Today will be a happy day
If first you find some time to pray;
If first, alone, you go apart
From worldly things and in your heart
You make resolve to do your best
And then to God you leave the rest.
For God will take the hate and fear
Of yesterday and yesteryear,
And in their place He'll make you feel
The light and love He would reveal.
Yes, this will be a happy day
If, friend, right now you'll stop to pray.

—*Frank B. Whitney.*

God Is Ever with Me

It matters not where I may go
Or whether I'm on land or sea,
I cannot live apart from God;
I find that He is e'er with me.
And whether on some mountain peak
Or on some sandy, glistening shore,
I know that I am not alone;
For God is with me evermore.

And though I find myself at times
In crowded street or busy throng,
My soul would keep its secret tryst,
My heart would sing its song.
I know I cannot be upset:
This truth comes to me more and more;
God's Spirit woos my soul in joy,
For God is with me evermore.

No truth could ever be revealed
That makes for greater, fuller joy;
My heart in rapture ever sings,
Its many praises to employ.
I think of God, eternal good,
And all His goodness I adore.
I cannot live apart from God,
For He is with me evermore.

—*Frank B. Whitney.*

Happy Birthday!

THIS IS our birthday, and because we know that thousands of our friends everywhere are sending their blessings and good wishes, we are joining them in saying "Happy birthday to DAILY WORD."

With this July issue DAILY WORD is beginning its twentieth year of publication. Every one of its lessons throughout the past nineteen years has been a heart-to-heart message of friendship, encouragement, homely counsel, and simple instruction in the fundamental rules of Truth and Christian philosophy. It has been born of and written in response to the simple everyday needs, questions, and problems of everyday people, as revealed in their letters to Silent Unity.

Even before the very first copy of DAILY WORD made its appearance, its daily sermons on Truth were going into innumerable hearts and homes and lives in the form of specially blessed letters from Silent Unity. One of the Silent Unity letter writers, a young man named Frank B. Whitney, conceived the idea of choosing a single Truth idea for each day and of incorporating this idea into each letter that he wrote on the day, regardless of what other points were covered in the letter. Thus for one day he would emphasize the need

of an increased consciousness of love, pointing out its blessings and explaining how it could be developed. Again he would write about faith, or joy, or courage, or substance, or steadfastness, or some other constructive Truth idea.

So positive and so powerful were these letters, and so gratifying and inspiring were the responses from the people who received them, that Mr. Whitney was inspired to prepare a series of short lessons in a form suitable for publication. Thus was born the selection of daily lessons that you have come to know as **DAILY WORD**.

For the past five years **DAILY WORD** has been under the editorial supervision of Silent Unity. Thus the messages have continued to be daily letters from Silent Unity! They have been written and prepared for the most part by Silent Unity workers who are daily incorporating the very same messages into their replies to your letters.

Do you wonder that often the lesson you read is a direct and seemingly personal message covering some question you have in mind, some problem you are facing at the moment? And why not? Thousands like yourself are facing the same difficulties, meeting the same problems, seeking answers to the same questions. Out of Silent Unity's answer to these needs come the messages you find in **DAILY WORD**, and in this sense they are

a personal answer to whatever is troubling you.

Silent Unity continually seeks the guidance and inspiration of the Father in answering these questions, in meeting these needs, and in presenting in DAILY WORD the messages of Truth that will be of greatest help to the greatest number of persons. Is it any wonder then that you who are seeking the Father's help and who turn to DAILY WORD for a word of counsel and enlightenment invariably find exactly the right explanation or instruction, prepared and made available to you through the action of God's all-wise, all-seeing, all-knowing mind? "Before they call, I will answer; and while they are yet speaking, I will hear."

Because DAILY WORD had its beginning in a "letter-a-day" from Silent Unity, we can think of no better way of celebrating our birthday than by sending you a letter-a-day all through this month! Some of the letters were written by Silent Unity workers; some were written by Paul to the Corinthians; some were written by James; some were written by Myrtle Fillmore, some by Charles Fillmore. But every one of them is a letter to you, a message of love and joy and faith designed to help you face life a little more confidently and courageously, to cheer you with a knowledge of the blessings and prayers that are ever with you, a benediction from your friends in Silent Unity.

JULY 1

Thursday

Dear Friend:

"Though the earth do change, I shall not be moved." A thought like this is a good one to hold to in times like these, when all things seem to be changing rapidly.

There will always be change, for the human race is constantly in a state of progress, and in such a state there can be no standing still for long. The thing to remember is that outer changes cannot affect the unchanging principles of God that underlie and rule all creation. When you hold fast to the principles of Truth that you know, when you seek to grow in your understanding of the eternal realities of God, you are not distressed by world upheavals, you do not "go to pieces" when former ways of life seem to be gone forever. You are stabilized in Truth, and you meet changes in your stride, recognizing them as evidences of growth. You are not dismayed if it appears that mistakes are being made, for you know that a time of growth is always a time of testing and proving and that eventually right answers will be reached.

Let this be your constant realization:

Though the earth do change, I shall not be moved.

Friday

JULY 2

Dear Friend:

"Ye shall know the truth, and the truth shall make you free." This is the answer to the desire in your heart and soul for freedom.

No matter what you may feel yourself to be in bondage to, perfect freedom can be yours. This freedom comes to you through your greater understanding of Truth, for freedom begins in the within. If you feel bound, or have a sense of inferiority in some respect, begin to set yourself free by first of all lifting up your thoughts about yourself. You cannot think the truth about yourself and at the same time be fearful or unhappy.

The truth about you is that you are God's beloved child, created in His image and likeness. In Him you live and move and have your being. Instead of being a frail human creature, living in an uncertain world, you are in reality a spiritual creature, living in a spiritual world, governed by spiritual ideas. There are no limitations on God or Spirit, therefore there are no limitations on you; in your true Godlikeness you are free, glorious, inspired, and inspiring.

Meditate often upon this Truth:

In my true Godlikeness I am free, glorious, inspired, and inspiring.

JULY 3

Saturday

A Message to You from Myrtle Fillmore:

God has put in each of us the germ of immortality, which will bring forth of its kind. . . .

So within us is this almightiness, like God, that we must co-operate with. As we do really co-operate with the Spirit of God in fulfilling His plan in us, all that is within us bursts into the beauty of wholeness.

The moment a person yields his self to Godlikeness, he is letting the Spirit of God burst the shell of doubt and fear, and the light of faith reveals to him the light of life. He becomes conscious of the joy of life.

Yielding self means giving up the old concepts of the past; forgetting ourselves and our human desire to come forth and just rejoicing that all God's creation does constantly spring forth in newness of life and light and joy and service. When we forget our own desires and really devote ourselves to doing what God would have done, this moment and constantly, we shall find that there is no limit whatsoever to the strength we have and the things we can do.

Declare this word of Truth often:

I co-operate with the Spirit of God in fulfilling His plan in me.

Sunday

JULY 4

Dear Friend:

Today the United States of America is celebrating Independence Day. This year more of us are aware of the real meaning of the day than heretofore, more determined that all the people of the United States shall continue to have independence and freedom.

And the thought of the people of the United States is reaching beyond our own borders to the peoples of all lands. The prayer in our hearts is that they too may find a way of life that gives them "life, liberty, and the pursuit of happiness."

We ask you as a Truth student to join us today in a prayer of thanksgiving for freedom and independence in our own land, and in a prayer that this world conflict may be speedily ended and that liberty, justice, righteousness, and peace may be established in the whole world. What we want is a righteous peace, founded on Christian principles. Thus we are today establishing a peace consciousness that will bring enduring peace.

Affirm continually:

I give thanks for freedom and independence in our land, and I pray for the whole world, that liberty, justice, righteousness, and peace may be established.

For This We Pray

FOURSCORE and seven years ago our fathers brought forth on this continent a new nation conceived in liberty and dedicated to the proposition that all men are created equal. Now we are engaged in a great civil war testing whether that nation, or any nation so conceived and so dedicated, can long endure. . . . It is for us the living rather to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us—that from these honoured dead we take increased devotion to that cause for which they gave the last full measure of devotion—that we here highly resolve that these dead shall not have died in vain, that this nation under God shall have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth.—Lincoln's Gettysburg Address.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness.—The Declaration of Independence.

Monday

JULY 5

A Message to You from Paul:

"Now concerning spiritual gifts, brethren, I would not have you ignorant. . . . Now there are diversities of gifts, but the same Spirit. And there are diversities of ministrations, and the same Lord. And there are diversities of workings, but the same God, who worketh all things in all. But to each one is given the manifestation of the Spirit to profit withal. For to one is given through the Spirit the word of wisdom; and to another the word of knowledge, according to the same Spirit: to another faith, in the same Spirit; and to another gifts of healings, in the one Spirit; and to another workings of miracles; and to another prophecy; and to another discernings of spirits: to another *divers* kinds of tongues; and to another the interpretation of tongues: but all these worketh the one and the same Spirit. . . .

"For as the body is one, and hath many members, and all the members of the body, being many, are one body; so also is Christ. For in one Spirit were we all baptized into one body.

Prayer for today:

I stir up the gift of God within me, and I am blessed on every hand with happiness, soul satisfaction, and true achievement.

JULY 6

Tuesday

Dear Truth Student:

Unity believes in spiritual healing. We believe that health is the natural state of the body and that health can be maintained through an understanding of and obedience to the divine laws that govern all life.

"I will put my law in their inward parts" is the answer to the question as to where we can find these divine laws. Through prayer we make contact with God, and in silent communion with Him His spiritual laws are revealed to us.

If you do not have a healthy body, go to God in prayer, with your mind and heart open to His inspiration. Your understanding will be quickened and you will see what it is that you need in order to free yourself quickly and for all time of any disease of the body. It may be that you need a greater understanding of the law of love, or the law of order. Whatever your individual need may be, the answer will come, the way will be shown you as you earnestly and faithfully seek to increase your understanding. The very cells of your body will respond to your healthy thought.

Let this be your constant realization:

I am quickened in understanding and made whole in body.

Wednesday

JULY 7

A Message to You from Myrtle Fillmore:

I often think these days that we are all in too much of a rush, trying to do too much, and still failing to discern and do the very things that would mean most. So much that we think and do, surely, would not be done by one in the Jesus Christ consciousness.

Indeed, I have felt myself in a strange land and longing for familiar landmarks! And when I feel such a hungering, I try to draw very close to the Father and just rest in the assurance that comes that all is well. I know that He would not have me struggle with unknown things or talk of that which I have not proved. I realize that that which He would have me do He inspires in me, that it is very easy to do His will, and that when I thus conduct myself a great peace and friendliness comes and abides.

We must have quiet and opportunity for inward searching. For we must go beyond what we have heretofore attained. And there is nothing in hearsay or in observation or in the evidence of the senses, apart from spiritual discernment, that can take us beyond our present footing.

A word of inspiration for today:

I am centered and poised in the Truth of God.

JULY 8

Thursday

Dear Friend in Truth:

Do you believe in the law of justice? If you do then you are not concerned about what others have compared with what you have, for you know that your own comes to you under God's divine law of justice. If you believe in the law of justice you do not fear the loss of your possessions; you know that what is truly your own cannot be taken from you. If you believe in the law of justice you do not fret or become unhappy because someone else seems to be breaking the law without suffering any ill effects. You trust the working of the law and know that you are recompensed according to your works. If you believe in the law of justice you are just and fair in all your dealings with others, and you expect justice and fairness in return.

Today think about this idea of justice, and if there is any way in which you are denying your belief in it, change your thought to one of true justice. Naturally you want justice. You cannot have anything other than this if you comply with the law in all ways, in your thoughts and actions.

Affirm this truth today:

*I believe in the law of justice working in me
and for me.*

Friday

JULY 9

Dear Reader:

God is the source of your supply. Do you realize what this means? When there are bills to pay, clothing to purchase, income tax payments to meet, do you realize that in all situations God is the source of the needed money?

In what way is God the source? Where is the source? These are questions you may well ask. Unity teaches that God is Divine Mind, the supreme intelligence that governs and directs the universe and that we are individual expressions of this mind. So all life, all substance, has its source or beginning in Divine Mind or God. Likewise the supply that we need has its beginning as ideas in this mind. Through prayer we make contact with Divine Mind and draw upon it for inspiration, for guidance, for ideas that are then expressed through us in ways that bring us a return of money to take care of our needs.

Whatever your needs may be today, you can meet them if you will begin at the beginning by going in prayer to the source of your supply.

Use this strong affirmation constantly:

I have faith in God as the source of my supply, and I am daily quickened in wisdom, inspired with enriching ideas.

JULY 10

Saturday

Dear Reader:

Probably like most of us you know some person whom you would like to see changed, reborn, made new. We were thinking along these lines recently when we came across a most enlightening idea that some wise man had expressed. His thought was this: Why should we be unhappy because the one we have tried to change remains unchanged, while we have not yet been able to make ourselves what we want to be?

Don't you agree with us that this is a good point to consider? Certainly we should pray for those whom we would like to see blessed, those whom we can see are not as happy, healthy, prosperous, or free as God intended them to be. But we should not take personal responsibility for their transformation, nor take personal blame if they do not seem to live and act as we think they should.

It is up to us to seek greater understanding, to try day by day to express more of the Godlike qualities that are inherent in us. The more we live and think and act like sons of God the better we are able to inspire others.

A prayer to help you help yourself and others:

I see myself and all men as children of God.

Sunday

JULY 11

To Those in Service:

Jehovah is my light and my salvation;

Whom shall I fear?

Jehovah is the strength of my life;

Of whom shall I be afraid? . . .

Though a host should encamp against me,

My heart shall not fear:

Though war should rise against me,

Even then will I be confident.

One thing have I asked of Jehovah, that will I seek
after:

That I may dwell in the house of Jehovah all the
days of my life . . .

For in the day of trouble he will keep me secretly
in his pavilion:

In the covert of his tabernacle will he hide me;

He will lift me up upon a rock. . . .

I had fainted, unless I had believed to see the
goodness of Jehovah

In the land of the living. . . .

Be strong, and let thy heart take courage;

Yea, wait thou for Jehovah.

—*Psalms 27.*

Prayer for today:

*Jehovah is my light and my salvation. Jehovah is
the strength of my life. My heart shall not fear.*

JULY 12

Monday

A Message to You from Myrtle Fillmore:

Sometimes I have written a letter to God when I have wanted to be sure that something would have divine consideration and love and attention. I have written the letter, and laid it away, in the assurance that the eyes of the loving and all-wise Father were seeing my letter and knowing my heart and working to find ways to bless me and help me to grow. So I suggest that *you* write a letter to God, telling, putting into words, that which your heart holds and hopes for. Have faith that God is seeing your letter and your heart. . . .

After you have placed your heart's desires with God, don't be anxious, or worried, or negative. Don't even be looking for signs that He has responded. Just busy yourself with the work He gives, and with study and prayer to develop yourself into a real companion and a real radiator of happiness and inspiration. As you do so you become the radiating center toward which those are drawn who will add to your happiness and cooperate with you in making of your life a beautiful success.

Abide continually in this assurance:

*"Father, I thank thee that thou hast heard me.
And I knew that thou hearest me always."*

Tuesday

JULY 13

Dear Father:

I thank You for good judgment. Every moment of the day I am making decisions, I am choosing a course of action, and I rely upon You to guide me, to help me act wisely and rightly.

My good judgment is being put more and more to the test these days. Every morning when I read the newspapers I must sift the facts for myself and let good judgment help me understand world affairs. I depend on You to help me keep steadfast in faith and poised in consciousness so that I may not be dismayed or disturbed by the opinions, criticisms, or comments I read and hear.

Then when I consider making purchases of any kind, I need good judgment in using my rationing stamps so that I may have the things I really need. I need Your good judgment to keep me from any panicky feeling, any thought that I shall not have enough.

I thank You, Father, for instant, ever-available wisdom and good judgment upon which I can draw.

Prayer for today:

I thank You, Father, for instant, ever-available wisdom and good judgment at all times, in all things.

JULY 14

Wednesday

Dear God:

"Let the words of my mouth and the meditation
of my heart
Be acceptable in thy sight."

Today I pray that I may express Your grace so that my words may make others feel at ease. I pray that I may express Your love so that I may be able to bring some happiness into the lives of others. I pray that I may express Your Truth so that I may be able to inspire others to seek You and find You.

Above all I pray for the strength to keep still when I am tempted to speak words that my heart tells me are not acceptable in Your sight. I pray for the courage to challenge the meditations of my heart as to their acceptability in Your sight. I want my heart to be right with You; then I know that the words I speak will be good, true words.

I thank You, God, that Your Spirit lives in me, that Your love beats in my heart, that Your wisdom thinks through my mind, that Your light shines through my eyes.

Prayer for today:

"Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer."

Prayer and Confidence

THE MOST scientific and efficient prayer is the one in which we earnestly know the nothingness of evil and confidently expect and see the manifestation of good. The prayer of the practical Christian is one in which he knows that his answer has come and that the blessings of heaven are being poured out upon him. He knows that his desire for good has opened the windows of heaven, and that the answer to his prayer is certain.

The practical Christian so clearly understands the technique of prayer that, to him, it is not a thing of mystery. He finds that prayer is founded on a definite scientific law. He asks and he receives. He knocks and the doors of heaven are opened to him. Nothing is withheld or delayed.

When we ask, we do not do so in the sense of beseeching for something. We ask in the sense of inviting our good! We ask in prayer by becoming receptive. We ask Spirit for God's blessings by becoming receptive to them. Thus we reach the high consciousness in which we know that our desire for good is answered without question, restriction, or limitation. We pray in confidence.

At one time we were taught to bow down in

(Turn to page 25)

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CUBA



COSTA RICA



SOUTH AFRICA



INDIA



BRAZIL



DENMARK



LUXEMBOURG



GUATEMALA



HAITI



HONDURAS



MEXICO



NICARAGUA



PANAMA



EL SALVADOR



ETHIOPIA



LIBERIA

UNITED STATES

Men of

Onward, Christian soldiers, singing
 "Peace on earth,"
 Through your peaceful message
 conquer war and dearth!
 With your eyes uplifted, with your
 hearts on high,
 Christ will lead you singing, "Peace
 with banners high.
 Onward, Christian soldiers, sing the
 "Peace" refrain!
 You through Christ will conquer, ever
 victory gain.

Onward, ever onward, keep your hearts
 at peace;



GREAT BRITAIN



RUSSIA



CHINA



AUSTRALIA



CANADA

UNITED STAND

Men of Peace

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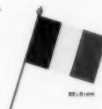
—Frank B. Whitney.



NETHERLANDS



NORWAY



BELGIUM



GREECE



YUGOSLAVIA



IRAQ



BOLIVIA



PORTUGAL



RUMANIA



CZECHOSLOVAKIA



NEW ZEALAND



POLAND



(Continued from page 24)

abject humility and ask God for release from pain if it were His will that we suffer no longer. Now we rise up in the majesty of our divine sonship, know that it is His will that we express His image and likeness, and become filled with His presence of life and health. What a revelation Truth has given us regarding prayer! What confidence we can feel when we pray the prayer of Truth and realize that that for which we pray is ours at that very moment!

Knowledge of the true technique of prayer gives us confidence. To pray for health we simply realize that in God's sight we are eternally whole. The answer to our prayer simply depends on our clear thought, clear realization, clear vision. The clearer the realization that we get of our oneness with God the sooner will the answer come. Clear thinking and clear vision in prayer give us confidence in ourselves. We see ourselves standing erect in the presence of God and feel that He gives His approval in all that we ask.

When we pray we must exclude from our mind all doubt and fear. We must pray in perfect trust, in the assurance of utter confidence. We must train ourselves to see into heaven so clearly that we absolutely lose sight of the need that we have experienced.—*Frank B. Whitney.*

Thursday

JULY 15

Dear Father:

In Thy care and keeping I place my loved one who is far from me, serving his country in this time of war. I cannot know his experiences, I cannot be with him as he goes among strangers in faraway places. But I can rely on Thee to be with him, to help him through every situation. I know Thy love will help him make friends out of strangers, help make his way smooth and free from unhappiness. I look to Thy Spirit to inspire him to be patient, adaptable, and harmonious in the midst of seeming confusion or inefficiency.

In Thy care and keeping I place my loved one. I trust Thee to guide his steps through danger's path. I have faith that Thou wilt keep him stout-hearted, give him courage and strength to do whatever he is called upon to do.

In Thy care and keeping I place my loved one with a prayer that he and all who, like him, serve their country may find an inner strength beyond that which they have known, an inner joy to sustain them in times of loneliness, an inner peace to keep them steady and calm.

A prayer for today:

Father, in Thy care and keeping I place my loved one, knowing that all is well with him.

JULY 16

Friday

Dear God:

I want to be happy, supremely happy. Will You help me? What I mean by happiness is this: I want to be loved, I want to have many friends, I want to be a radiant, interesting person.

I know that happiness begins within me, and that is why I turn to You first of all for help. I know that I cannot be loved unless I learn to express Your love as kindness, courtesy, and tact. I cannot have many friends unless I learn to express Your spirit of understanding, unless I have a genuine interest in others, unless I behold Your spirit in them. I cannot accomplish a really worth-while work unless I make contact with Your wisdom, Your intelligence, so that I may have something worth while to give. I know that I must begin right where I am, with what I am doing now, and see in my work an opportunity to serve. As I give my best to what I am doing, my ability will expand and my opportunities will increase. I know that I can be a radiant, interesting person only by being my true self, Your child.

Prayer for today:

I thank You, God, for helping me know what happiness is, for helping me discover more happiness in my life every day.

Saturday

JULY 17

Dear Friend:

There is a song we sing in Silent Unity that we should like to share with you. This is it:

"I am the joy, the joy of living;
It comes from giving, giving, giving.
I give of love, I give of peace,
I give of joys that never, never cease.
I am the joy, the joy of living;
It comes from giving, giving, giving."

Today count if you can the innumerable ways in which you give. You will be surprised to discover what a real giver you are. When you smile you are giving happiness. When you are confident and trusting you are giving peace. When you encourage another through your faith you are giving inspiration. There are other lesser ways in which you give, but they are ways of real giving just the same. For instance, you are giving your attention and interest when you listen to another's conversation or when you read the newspaper or a book. In almost everything you do you can give something of yourself.

Your affirmation for today:

I give of love, I give of peace, I give of joys that never cease. I am the joy of living!

JULY 18

Sunday

Blessed Friend:

"I thank Thee, Father, for the way
Thy hand has guided me today.
I woke at morning's dawn afraid
To face my problems. But I prayed;
And one by one my needs are met,
For Thou hast never failed me yet.
Dear God, henceforth my prayer shall be
For strong abiding faith in Thee."

These words have been a source of help and strength to us, and we want to share them with you. We know that you too have found that God never fails when you ask His help in meeting daily problems.

It is good to remember that even at times when you seem to have many problems pressing upon you, one answer can solve them all. The answer is faith and more faith in God. Faith in God means faith in health, faith in supply, faith in happiness, faith in justice, faith in love; in other words, faith in all the good which God is.

We see you strong in faith, abiding in a consciousness of Truth.

Increase your faith by frequently declaring this word:
*I thank Thee, Father, for the way Thy hand
has guided me today.*

Monday

JULY 19

Blessed Friend in Truth:

Today you are filled with new confidence in God and in yourself as His beloved child. The mistakes of yesterday are forgiven and forgotten; the fears and apprehensions you may have had about the future disappear. You face today a new person, a confident person, a successful person.

Stronger in faith than ever before, you know that God is with you, that in Him you live, move, and have your being. Whereas heretofore you have doubted your ability, you now place your faith in God's ability to do all things through you. God cannot fail, so you cannot fail.

Today you face life fearlessly. You go about your work in a happy, confident spirit. You meet all persons in a spirit of love and understanding. You handle every problem that may arise with wisdom and discernment. Those whom you contact are inspired to new faith because they see in you the very Spirit of God in expression.

Today is God's day. It is a wonderful day for you; for you live every moment of it in conscious realization of yourself as God's beloved child.

Go forward today in this realization:

I have confidence in my divine self and in my ability to do all things.

The Comforter

A MESSAGE FROM SILENT UNITY

We pray that you may be lifted out of all thought of sadness, death, loss. There are times when the heart is heavy, when the tears flow, when there seems to be no comfort for the soul. But at such times God is very near to you, and His Spirit rises up in you to give you strength, to renew you in faith, to bring you the assurance that life is eternal, that love is eternal, that there is no separation in Spirit.

"Weeping may endure for a night, but joy *cometh* in the morning." Even on the brightest day you may be passing through a "night" of sadness, but "joy *cometh*," day or night, when the light of Truth shines in your heart and erases the shadows of despair. "Joy *cometh*" as surely as the sun rises in the sky at dawn. Remember this.

"But the Comforter, *even* the Holy Spirit, whom the Father will send in my name, he shall teach you all things, and bring to your remembrance all that I said unto you. Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you . . . Let not your heart be troubled, neither let it be fearful." "Lo, I am with you always."

Class Thoughts _____

TO BE USED FROM

July 20 to August 19

The class thoughts on this page are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity. We also urge you to join us constantly in the prayer for world peace.

At 11 a. m. use this thought for

ILLUMINATION . . . I now glory in the light and understanding of Spirit.

At 12 m. use this thought for

PROSPERITY . . . My rich inheritance from my Father is now made manifest, and I rejoice in my prosperity.

At 9 p. m. use this thought for

HEALING . . . All the restorative powers of Being now unite in healing me.

Use this prayer for world peace:

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a speedy victory in this world conflict, to be followed by a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

JULY 20

Tuesday

Dear Truth Seeker:

Have you ever faced a problem that puzzled you so deeply that you could not see the right path to take to solve it? Then in a flash came insight, a true divine leading that revealed just the right thing to do, thus solving the problem at once? If you have had such an experience you have seen the light and understanding of Spirit, God, in action for you.

God does not require you to have an advanced education in order to understand His laws. True understanding is not based upon intellectual conceptions of God. It comes clearest of all to those whose minds are open to His ideas, whose hearts are filled with love and compassion for their fellow men, and whose spirits are joyous and steadfast in the realization that God never fails His children.

Resolutely turn away from anxiety or worry about any situation, or condition, or your loved ones. Let the light of God infold that which has caused you concern. See His saving power become instantly revealed to you as you say these words of light and inspiration:

I now glory in the light and understanding of Spirit.

Wednesday

JULY 21

A Message to You from Charles Fillmore:

Prosperity, according to Webster, is an advance or gain in anything good or desirable, successful progress toward, or attainment of a desired object. Prosperity does not mean the same thing to any two persons. . . . Prosperity is not in the possession of things but in the recognition of supply and in the knowledge of free and open access to an inexhaustible storehouse of all that is good.

In the great mind of God there is no thought of lack, and such a thought has no rightful place in your mind. It is your birthright to be prosperous, regardless of who you are or where you may be. . . . Get into the prosperity thought and you will demonstrate prosperity. Cultivate the habit of thinking about abundance everywhere present . . .

[Jesus Christ] was rich in every way . . . and proved that the earth with all its fullness does belong to the Lord, whose righteous sons are heirs to and in possession of all things. . . .

Remember your identity, that you are a son of God and that your inheritance is from Him.

This is the Class Prosperity Thought for this month:

My rich inheritance from my Father is now made manifest, and I rejoice in my prosperity.

JULY 22

Thursday

A Message to You from Charles Fillmore:

All great souls recognize the breadth, height, and depth of Being, that it is not comprehended in one name, but may be expressed in many. . . .

We recognize that there is but one source of Being but that He is expressed in His Son Christ and manifest in His personal representative, Holy Spirit. The ancient Israelites had several outstanding names for Jehovah, each representing some special agency, as supplier, peace giver, guide, and the like. Some sects in our day pray to saints to execute the will of God in their behalf.

These all point to the fact that God is made manifest in a universe of executive powers, upon whom man can call as principle or as some form of personal agency.

The healing statement below is recommended particularly to those who have depended upon temporal remedies or persons for their healing. It will amplify and energize the healing idea to the point of omnipotence, because it recognizes all the healing potencies that faith has made substantial in the past and brings them all to a focal center in wholeness.

All the restorative powers of Being now unite in healing me.

Friday

JULY 23

Dear Friend:

"So then let us follow after things which make for peace." Some of the things that make for peace are love, tolerance, kindness, justice, understanding, and these are the things we want to follow after in our thoughts and our words.

We want peace, and there is much we can do as individuals to bring peace back into the world by keeping it in our individual life. For instance, when we are tempted to quarrel with a relative or friend, or with anyone for that matter, if love keeps back bitter words we are helping to maintain peace for all mankind.

If we are tempted to repeat an unkind tale about someone, and justice bids us hold our tongue, we are helping to promote peace. If we are tempted to criticize someone for his political views or religious beliefs, and tolerance makes us see that he has a right to his own thoughts, we are helping to establish peace. If we hold to Truth instead of judging by appearances when things seem out of order in our life or in the life of another, we are helping to establish peace.

A prayer to use continually:

*O heavenly Father, let there be peace on earth,
and let it begin with me.*

A Message to You from James:

"But if any of you lacketh wisdom, let him ask of God, who giveth to all liberally and upbraideth not; and it shall be given him. But let him ask in faith, nothing doubting: for he that doubteth is like the surge of the sea driven by the wind and tossed. For let not that man think that he shall receive anything of the Lord; a doubleminded man, unstable . . .

"Let no man say when he is tempted, I am tempted of God; for God cannot be tempted with evil, and he himself tempteth no man . . . Be not deceived, my beloved brethren. Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning. . . .

"But let every man be swift to hear, slow to speak, slow to wrath . . . be ye doers of the word, and not hearers only . . . he that looketh into the perfect law, the *law* of liberty, and so continueth, being not a hearer that forgetteth but a doer that worketh, this man shall be blessed in his doing."

Meditate upon this word of Truth:

I daily grow in understanding of God's perfect law, and I am blessed in all my ways.

Sunday

JULY 25

Dear Friend:

When things seem to be all wrong, when human love seems to have failed you, there is no better way of finding comfort and courage than by getting very still and asking the Father to help you. Your problems may seem to your understanding to be beyond solution, but when you earnestly seek divine help, the way out of all in-harmony is revealed and problems that once loomed large and forbidding are easily solved and disposed of.

Today, whatever your need is, pray about it. Affirm your oneness with the Father and with His Spirit of love and wisdom. Give thanks that He is with you to guide you and help you. Rejoice that His presence and power is the only presence and power in your life or affairs. Let go of all anxious or worried thoughts you may have had about your problems, and trust absolutely in God's power to make all things right.

Steadied and strengthened by your quiet time with God in prayer, you will meet the issues of the day with a clear, calm mind and with a heart that is at peace.

Carry this realization with you constantly:

"God is my help in every need."

God in You, the Good and True

God in you, the good and true,
Will never make retreat;
For the God that in you lives
Can never know defeat;
Like a tower of strength within you,
God can never fall.
The Eternal One lives on;
Is always all in all.

God in you—eternal, true—
Will evermore exist;
Let Him for you each battle win,
And every foe resist.
Let no fear your mind distress,
Or worry cross your brow;
God in you is helping you,
Adjusting all things now.

God in you, so good and true,
Must evermore prevail
Even though the things without you
Seem to harm, assail.
You will see Him win
Before the sun sinks in the west
If you turn right now to Him
And know that He knows best.

—*Frank B. Whitney.*

Monday

JULY 26

Dear Friend in Truth:

Today you are a perfect expression of God's love.

You have a song in your heart and a smile on your lips. No matter which side of the bed you got up on, you are not a grouch; you feel that it is good to be alive. You are happy in the morning, you are happy at noon, you are happy when evening comes. All day long your life is a song of happiness, for you know that you are in tune with God's love.

Nothing can keep you from being loving and kind today. Your contacts with others are pleasant and without friction, because love makes you understanding, love keeps you free from a critical attitude, love lifts you above petty annoyances or pet peeves.

Love goes before you and smoothes your way. Wherever you enter, people rejoice to see you because of your glad countenance. Whatever you do you do easily and successfully, because love keeps your heart at peace so that you can concentrate your attention on the work at hand.

Let this thought be your theme song today:

I am the radiant, loving child of God, and my heart is happy and gay today.

JULY 27

*Tuesday**Greetings, Friend:*

Today as we write to you we are thinking about the question of rationing. Probably you, like many other Truth students, are trying to take the right attitude toward rationing, and perhaps you are finding it difficult sometimes to adjust your mind to the idea of less of this and none of that, when you have been building up a consciousness of plenty of everything for every need.

We should like to tell you what Charles Fillmore says is the answer to rationing, and he quotes the great teacher Jesus Christ: "Be not anxious for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on." "Be not anxious" is the keynote to what a Truth student's attitude should be toward rationing. For the duration you may have to do without many of the material things to which you have become accustomed, but if you can keep a happy spirit, if you can meet such situations bravely and without any anxious thought, you will find that you will always have enough for your needs.

God bless you and help you meet current issues with age-old wisdom.

Take this thought for your watchword:

I am free from anxiety, for I trust in God.

Wednesday

JULY 28

Dear Reader:

Not very many persons are well enough informed about all phases of the war to predict the end of it from a military standpoint. But Truth students, through their knowledge of prayer and its potency, are praying for and decreeing a speedy victory in this world conflict, a quick end to the war. They are doing more than wishing for victory. They are definitely praying for the guidance and direction of the men who are in places of responsibility and authority in our government and military service; they are praying for unity and understanding among the allied nations; they are praying for protection for our men, ships, and materials; they are praying for poise and faith for the citizens on the home front. And they are praying very definitely for a permanent, just, and righteous peace, one founded upon Christian love and Christian principles.

Will you use this prayer with us?

In the name of the Lord Jesus Christ I pray for and decree a speedy victory in this world conflict, to be followed by a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

JULY 29

Thursday

Dear Friend in Christ:

"I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee."

In these times of uncertainty, upheaval, and continual change you will find comfort and courage in the thought that God is holding your hand and guiding you safely and surely through what may seem to be difficult experiences.

No matter where you go, no matter what you do, God is with you. When your way seems unsure, when you cannot see clearly ahead, you need but turn to God and breathe a prayer for guidance; you will be directed step by step through any situation. Always remember God's promise to you, "Fear not; I will help thee," and you will be given an inner courage, an inner strength, that will make you invulnerable to fear, doubt, and despair.

We see you meeting life today well and whole in body, cheerful and confident in heart. We see you serene and strong, inspiring those about you to renewed faith. We see you fearless and courageous, relying momentarily upon God's help.

Let this be your realization all through the day:

God is holding my hand and guiding me safely and surely through every experience.

Friday

JULY 30

Beloved in Christ:

The power of God is with you to radiate through you a healing blessing to others. When there is someone near you or dear to you who needs healing help, your prayers can give him strength, can help to quicken the Spirit of God in him, which is his source of health.

When you pray for the healing of another, free your own mind from anxiety or fearfulness, regardless of appearances, and behold him only as he is in God's sight, well, whole, strong, and perfect in every part. Your true vision of him will help to strengthen his faith, even though he may not be aware of your prayers, for there is a Spirit in him that is ever responsive to the Truth.

Keep your faith steadied in the healing power of God, which recreates, renews, and rebuilds the cells of the body. Know that nothing can retard this perfect life activity. Know that there is no disease, no condition that cannot be wiped out by the healing, life-giving power of God, which is ever present in the body temple. Thus you will be fulfilling the command to "heal the sick."

Use this prayer for those in need of healing:

I see you as God sees you, well, whole, strong, and perfect in every part.

A Message to You from Myrtle Fillmore:

Instead of thinking of the people whom you have believed to be evil and an undesirable influence, begin to think of the goodness of God in the life of all His children. Think of God as everywhere present light and love and peace and power and life. Think of all men, all women, all children, as ever abiding in His presence and expressing His qualities. As you do this you will touch the reality of individuals, and you will invite only the best from them. Spirit will respond as you expect it to, for the Spirit of God is in each and every person. Some persons have not yet awakened to this realization; but as you declare the Truth for them and expect to have it express through them toward you, you will receive only loving and considerate treatment from them. . . .

The best way to help (another) is to pray for him to be spiritually illumined. Then if he has come to a place in his soul development where he is ready to accept Truth, he will have the understanding and desire to seek the indwelling Christ.

You can dispel anxiety about another by affirming this Truth:

I have faith in the Spirit of God in all persons.

A Blessing for Expectant Mothers

FROM SILENT UNITY

GOD bless you with peace of mind and comfort of body.

God bless you with joy of heart and lightness of spirit.

God bless you with an even temper and with patience through the days of pregnancy.

God bless you with strength to do your daily tasks. God bless you with good health in every part of your body.

God bless you with the vision to see a peace-filled world for your child to enter.

God bless you with the faith to know that your child will live in a blessed generation, that he will have more opportunities before him than the world has yet known, that he will live in a better day, a better world.

God bless you with His own spirit of love and peace and power and make you to know that all is well with you and your child, not only now, while you are carrying it, but that all will be well when your child has made its entrance into your life and into your home.

God bless you. God bless your child. God bless your home.

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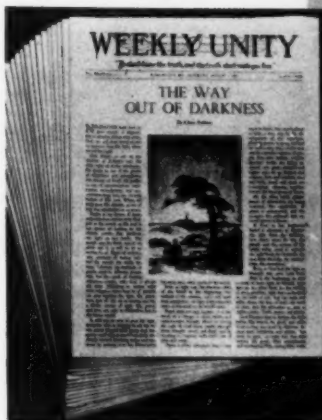
*Announcing a series of articles
by Clara Palmer to appear in
WEEKLY UNITY beginning with
the August 7 issue*

Has it sometimes seemed to you that your prayers have been as pebbles tossed into the limitless depths of the ocean, and have they therefore seemed as though lost? Most people have had this experience at one time or another. No matter how much they prayed they seemed to be like the Children of Israel wandering in the wilderness.

Perhaps Clara Palmer, Truth writer and teacher, had her moments of doubt too, for she has written a wonderful faith-filled series of articles for **WEEKLY UNITY** giving her ideas on prayers that seem to be "lost." The titles of the articles are:

It Pays to Pray for Prosperity—It Pays to Pray for Our Work—It Pays to Pray for Harmony

Order **WEEKLY UNITY** for yourself and friends now so that none of the articles will be missed. These articles will strengthen your faith and give you more courage and joy with which to meet every situation in your life and affairs. A year's subscription for **WEEKLY UNITY** is \$1.



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Cover photo by Meisel from Monkmeyer

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